



OCEAN VIEW

WWW.OCEANVIEWDIVING.CO.UK
01903 767224



RESCUE DIVER COURSE AND EMERGENCY FIRST RESPONSE

RESCUE DIVER COURSE

We don't like to think about it but accidents happen. There are several good reasons that Rescue training expands your knowledge of diving, increases your level of diving skill, and makes you more aware of what is happening around you in the diving environment.

Rescue Diver certification is a prerequisite for the **PADI Divemaster** rating and the distinguished **PADI Master Scuba Diver** certification.

Most importantly, Rescue training can help you recognize and respond properly to potential diving emergencies in the very unlikely event that they should occur.

Course content

The Rescue course is run over two days and consists of home study, knowledge development, multiple choice exam, confined water training and open water dives.

In the classroom you will cover 5 modules:

- First Aid
- Equipment
- Self and Buddy Rescue
- Assists & Rescues
- Scene Management

In the pool you will cover 10 rescue and self rescue exercises. You will then combine all of this new found knowledge, and demonstrate these skills in 2 realistic open water scenarios.

Course Prerequisites

Minimum age 12 years old. PADI (Jr.) Adventure Open Water Diver who have completed the Underwater Navigation Adventure Dive.

First-aid requirement: As part of the Rescue course you will be required to hold a current first aid and C.P.R certification completed in the last two years. This is where the Emergency First Response Course comes in.



EMERGENCY FIRST RESPONSE



First aid and CPR are good skills for anyone to learn, especially those involved in adventure sports - just in case. The Emergency First Response course is a one day classroom based course and meets the First Aid training required as part of the PADI Rescue Diver course.

Topics Covered

- Scene Assessment
- Barrier use
- Primary assessment
- CPR
- Choking
- Serious Bleeding management
- Shock Management
- Use of an AED
- Oxygen use
- Secondary care
- Injury management
- Illness assessment
- Bandaging



WHAT'S INCLUDED

Equipment included:

We can provide all of the main SCUBA equipment that you will need to complete the course, except your mask and snorkel

Equipment required, but not included:

Pocket mask

Not included

Transport to dive site; Site entrance fees £10-£18 per day, additional air fills; Boat fees if applicable; Overnight accommodation if required.

OCEAN VIEW IS THE SOUTH COASTS PREMIER PADI 5 STAR TRAINING FACILITY

- Purpose-built school with all facilities on site
- One of the deepest indoor heated training pools in the UK
- Large classroom
- Clubroom with licensed bar where our Dive Club meets every Wednesday
- Ample parking on site
- Qualified staff on site at all times
- Training courses tailored to suit your needs and abilities as required
- UK DIVING arranged all year round
- Trips aboard

FUN & FLEXIBILITY

WHAT DO I DO NEXT?

Contact us to discuss your next adventure
160 South Street, Lancing, West Sussex, BN15 8AU
Tel: 01903 767224
e-mail: info@oceanviewdiving.co.uk
www.oceanviewdiving.co.uk
Open 9am - 5pm 7 days a week



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